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Beschreibung:

Over hundreds of years, different ethnic groups passed through Samarkand, sharing and influencing each other's cuisine and leaving their culinary traits. This book is a love letter to Central Asia, and it contains a collection of cooking recipes known in the West. Offers a range of delicious dishes of the region and its various ethnic groups - Uzbek, Tajik, Russian, Turkish, Korean, Caucasian and Judaism....Classes are divided into a communal table, soups, roast meat and kebabs, warm food for long winters, bluffs and pilafs, accompaniment, bread and dough, drinks, desserts and sweet meats. 18 recipes were featured, including Tteokbokki: Korean Spicy Rice Cakes ,Tempur Batter ,Sourdough Starter Scallion Pancake ,Beef and broccoli, Instant Pot Congee, Dan Dan Noodles and all